

# PG Diploma/Certificate Programme in & Ayurveda Panchakarma International Spa Therapy

Offered by



Department of Hospitality and  
Tourism Management

**Marian College Kuttikkanam  
AUTONOMOUS**

&



**Sahyadri Ayurveda Institute**  
A unit of Peermade Development Society (PDS)

*“ Master the art of holistic healing  
and rejuvenation with our programme  
in Ayurveda Panchakarma and  
International Spa Therapy - where  
ancient wisdom meets modern luxury ”*



Welcome to the world of holistic wellness and relaxation. Explore our Ayurveda Panchakarma and International Spa Therapy Programme to experience for yourself how tradition harmonizes with modernity.

DURATION

1 YEAR

*Theory & Practice : 6 months*

*Internship ( with stipend ) : 6 months*

ELIGIBILITY



Plus Two in any stream

Upon successful completion of the programme, participants will be awarded a *Certificate in Panchakarma and International Spa Therapy, based on practical assessments and examinations.*



Degree or more in any stream

Upon successful completion of the programme, participants will be awarded a *PG Diploma in Panchakarma and International Spa Therapy, based on practical assessments and examinations.*

SYLLABUS

- Fundamentals in Basic principles of Ayurveda
- Basic Human Anatomy and Physiology
- Ayurveda Panchakarma
- Traditional Ayurveda massage
- Basics in Ayurveda Pharmacy and Nursing care
- International Spa Therapy
- Spa Administration
- Basic communication skills in English
- Front Office Management & Computer skills



## OUR FACILITIES

- ✓ **Hostel**  
Hostel facility is available for an additional fee
- ✓ **Library**  
Immerse yourself in our library's wealth of Ayurvedic literature and research materials that provide essential support for your academic endeavours
- ✓ **Museum**  
Explore our museum that showcases a rich tapestry of Ayurvedic artefacts and historical treasures offering an immersive journey through the heritage of traditional wellness practices
- ✓ **Ayurvedic Pharmaceuticals**  
Explore Ayurveda by frequenting our pharmaceuticals wing, where you can witness the preparation of different ayurvedic medicines
- ✓ **Practical Training**  
Engage in practical training at our own Ayurveda Hospital equipped with ample modern facilities

## OUR FACULTY

- ✓ Our esteemed faculty brings years of expertise and practical experience to the classroom ensuring a dynamic and enriching learning environment for our students

## CAREER OPPORTUNITIES

- ✓ Ayurveda Therapists find ample career opportunities in prestigious hospitals and panchakarma centers, both in and outside India, where they can practise traditional healing therapies
- ✓ Become a sought-after Spa Therapist in luxury hotels and resorts across the world, offering guests unparalleled relaxation experiences in stunning settings.







*For more details*

*The Course Co-Ordinator*

Department of Hospitality & Tourism Management  
Marian College Kuttikkanam ( Autonomous )  
Kuttikkanam P.O, Peermade, Idukki District, Kerala, India  
Contact: +91 8281 283 844

SCAN FOR



SAHYADRI AYURVEDA  
INSTITUTE LOCATION

**Click here** for Course Application Link:  
<https://mcka.in/diploma>



## SAHYADRI AYURVEDA HOSPITAL

A UNIT OF PEERMADE DEVELOPMENT SOCIETY (PDS)

PALLIKUNNU P.O. POTHUPARA  
PEERMADE, IDUKKI - 685 531 , KERALA -INDIA  
[www.sahyadriayurveda.com](http://www.sahyadriayurveda.com)

**WHAT  
WE  
DO**

DETOXIFICATION /PURIFICATION

REJUVENATION

STRESS MANAGEMENT

SPINE CARE

JOINT CARE

WEIGHT MANAGEMENT

LIFESTYLE DISEASES

SKIN CARE

COSMETOLOGY & HAIR CARE

POST-COVID TREATMENT

POST-DELIVERY CARE

THINK AYURVEDA  
THINK SAHYADRI