PROGRAM REPORT



"AAROGHYAMELA-2022" was organized on 25th June 2022 at Marian College kuttikkanam Autonomous in collaboration with Azhutha Block Panchayat, Health department, AYUSH department, Kumily, Vandiperiyar, Peermade, Elappara, Peruvanthanam and Kokkayar Community Health Centre, Vandiperiyar and Taluk Headquarters HospitalPeermade AAROGHYAMELA was organized by the health and wellness centers to create awareness among the people. All sections of the people participated in the block level health fair which was organized to bring various health related schemes to the people and to create health awareness. AROGHYAMELA-2022 was the first event led by the Marian College NSS unit for the 2022-23 academic year.

OBSERVATION OF NONCOMMUNICABLE DISEASES DAY

The NSS unit of Marian College Kuttikkanam (Autonomous) in association with Taluk Headquarters Hospital,Peermad has observed the Noncommunicable Diseases Day with various events on 08 July 2022.

1. Poster Making Competition

As part of above program a poster making competition for the students was organized on the theme "the effects of unhealthy food habits and use of tobacco products". There were more than 10 participants in the competition. Ms. Nandananirupama won the first prize in the competition. Ms. Annmary Baby and Ms. Arshida S won the second and third prizes respectively.

2. Health Awareness Class

A health awareness class by Dr. Angel P Sidharth, NCD Medical Officer was also held. Around 60 participated in this class. Fr. Dr. Shaiju K.S, Vice Principal, Marian College Kuttikanam (Autonomous) inaugurated the programme. Mr. Ratheeshkumar P, Programme Officer welcomed the gathering, Ms. Divyalakshmi S gave felicitation address. Ms.Anita Tomy proposed vote of thanks.

3. Health check up

A health check for students and staff was also organized in this programme. More than 300 participated in the health check up. The staff from Taluk Headquarters Hospital Peermade led the health check up.

OBSERVATION OF WORLD TIGER DAY

Department of Forest and Wildlife Periyar West Division peermade in association with National Service Scheme, Marian College Kuttikanam celebrated World Tiger Day on 29 July 2022. A district level water coloring competition was organized in connection with the day observation. Competition was held for students at three levels, High school, Higher secondary and college. 45 students from various educational institution from Idukki District participated in the programme.NSS volunteers provided all necessary assistance for the conduction of the programme. Program. A valedictory session was held in which Special guests were Jyothish J Ozhikkal, Rage Forset Officer Azhutha, Ms. Reni R Pillai (Deputy Wild Education director). Prof. Dr. Ajimon George, Pricipal,Marian College Kuttikkanam (Autonomous) deliverd the felicitation address. In this function, a memento was offered to Marian College for hosting the programme Successfully. Dr.Justin P.J, Mr. Ratheeshkumar P, Ms.Divyalakshmi S, NSS Programme Officers along with NSS Volunteers coordinated the programme.

DAM CLEANING (27/OCT/2022)

Cleaning of the dam near the guest house took place on October 27 afternoon. As in previous years, cleaning and fish harvesting were done with the participation of students. This may increase the servicing mentality among the students. Around 25 NSS volunteers were participated in the cleaning program. This cleaning program was conducted with the collaboration of National Cadet Corps (NCC).



HUMAN CHAIN_ANTI-DRUGNESS DAY (01/NOVEMBER/2022)

As per the direction from Govt. of Kerala a human chain was organized by Antinarcotics club on November 1st. Volunteers prepared Handmade badges using chart papers. Each NSS volunteer actively put their effort to make the badges in a creative way. subsequently, students also prepared more than 100 playcards for the human chain.



GENDER AWARENESS CAMPAIGN (10/NOVEMBER/2022)

The Gender awareness campaign was conducted in association with women and child Development department Idukki on 10th November 2022 in association with National Service Scheme, National Cadet CropThe resource team led an interesting session on various gender issues. The session was quite interactive and useful for the students.



ORIENTATIONCLASS FOR 1ST YEARS (24/NOVEMBER/2022)

An orientation for newly joined NSS volunteers was organized on 24 November. 95 volunteers were there in the training. Dr. Jobi Babu the HoD of BSW programme was the resource person of the day.

He also gave insights on the essence and spirit of NSS camp and activities. There after the programme officers divided the students in to 10 groups and gave each group different responsibilities.

Furthermore, each group members selected a chairman and also a secretary within the groups. Then the preparation for special camp has begun by selecting camp leaders.



COMMUNAL HARMONY CAMPAIGN AND FLAG DAY (24 & 25 NOVEMBER 2022)

Communal Harmony day was observed on 24&25 of November. As part of observation, all volunteers distributed Harmony badges to students.

SELF DEFENCE CLASS – Violence against women (30/NOEMBER/2022)

As the part of day of the observation of violence against women, the National service scheme in association with 1stBSW A batch coordinated a self-defense class for the 1st year female NSS volunteers in the Marian college kuttikkanam. Ms.Sonia Scaria was resource person odthis programme.

AIDS DAY (1/DECEMBER/2022)

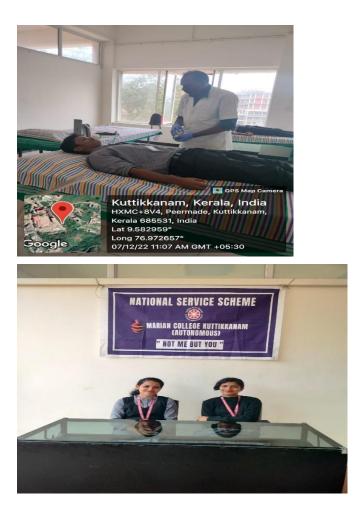
"PREVENTION IS BETTER THAN CURE; ESPECIALLY WHEN SOMETHING HAS NO CURE"



Red Ribbons were distributed to each student as part of World AIDS day. A pledge was also taken by each volunteer to create awareness among AIDS.

BLOOD DONATION CAMP (7/DECEMBER/2022)

A blood donation camp was organized by NSS on 7 December 2022. The programme was conducted in association with HDFC Bank and IMA Thodupuzha. 49 units of blood were donated. More than 120 students were part of this camp.



ELECTORAL LITERACY CAMP (13/DECEMBER/2022)

The camp was conducted in association with Electoral literacy office Peermade thaluk. They gave a class on the importance on democracy and election.

The following was also done.

Enrollment of students to voters list.

Linking of adhaar card with election identity card was also done.



CHRISTMAS CELEBRATION (21 DECEMBER 2022)

This was an outreach program, outside the campus. We were sharing the joy of Christmas with the inmates Bethlehem Bhavan Kanjirappally as a part of the program named 'koode'. We conducted a lot of programs and one of our volunteers were Santa clause. The inmates and the volunteers danced with the Santa clause. And we also distributed the cakes and we winded up the sessions and went back the college. That is such a great and awesome experience.



Coffee Distribution to Pilgrims

The NSS and NCC Marian College Kuttikanam Autonomous and Motor Vehicle Department together conducted coffee distribution program for pilgrims travelling at night to Sabarimala. NSS Volunteers have set up the distribution counters

The goal of the program was to ensure a accident free travel of the devotee of the lord Ayyappan. In order to reduce the danger of accidents when driving at night, this initiative gives drivers coffee to keep them awake during the trip. Travelers are passing through Kuttikanam from different states. More than 300 coffees were distributed as a result of the entire endeavour.





WE-CARE FUND COLLECTION

We care fund collection programme was organised in Marian College Kuttikanam by the NSS volunteers on 16th October 2022. We care is a project implemented under the Kerala Social Security Mission for supporting people who suffered from various chronic diseases and are not covered under any other welfare projects.

A box was placed infront of the academic block for collecting fund. Six volunteers were assigned to stand there. Many students and faculties contributed fund for the programme. The

fund collection was successfully finished and Collected around rupees 15296. Then fund was transferred to the University NSS account.



HAR GHAR TIRANGA

As a part of the independence day celebration, the NSSvolunteers of Marian College Kuttikkanam Autonomous organized a programme as per the instruction of MG University upon the theme of distribution of national flag to the neighborhood. The programme was named as HAR GHAR TIRANGA. In which, the NSS volunteers distributed 150 flags in the college and as it was a Sunday some of the volunteers were instructed to give flags in their respective neighborhood.



JAI BHARATH WIN QUIZ

The NSS volunteers of Marian College Kuttikkanam Autonomous in association with Deepa High school kuzhitholu conducted an l independence day quiz competition on September 17th, 2022 at Deepa high school auditorium. A total of 9 volunteers came to the venue to conduct the programme.

The quiz competition was conducted as two sessions: UP and HS. About 86 students participated in the competition.

The competition was conducted round wise. The quiz started with an initial written quiz, and from that the five student teams that scored the highest were accepted to the final round which had 5 rounds in it named as GAMANAM, DRISHYAM, NIRNAYAM, GEETHAM, DHRUTHAM. The prizes and momentos were sponsored by Lodester Edu International. The overall programs were ended by 5.30 pm.

