

MARIAN COLLEGE KUTTIKKANAM (Autonomous)

Affiliated to Mahatma Gandhi University, Kottayam

NAAC Reaccredited with A Grade (CGPA 3.52/4)

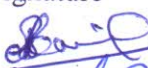
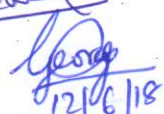



College with Potential for Excellence

Kuttikkanam P.O, Peermade, Idukki District, Kerala India – 685 531

Minutes of the meeting of Board of Studies - Physical Education (UG)

Held on Tuesday, 12th June, 2018 at 9.30 am at the Conference hall of the College

Members Present

Sl. No.	Name	Signature
1.	BOBY K MANI	
2.	Dr. GEORGIE JOSEPH	 12/06/18
3.	MANOJ MATHEW	 12/6/18
4.	Sonia Searia	
5.	Eric Thomas JOSEPH	

1. Mr. Bobby K. Mani Chaired the meeting of Board of Studies. After welcoming the members, the Chairman ascertained that the requisite quorum of one-third of the members of the members is present. The Chairman informed that the formal proceedings of the meeting could commence. With the permission of the members, the notice convening the meeting of the Board of studies having been circulated to the members, were taken as read.
2. Discussion on the syllabus.
 - (a) The syllabus of open course "Physical, Health and life skills education" in Semester V of UG Programs is put for discussion. It is resolved that UPE 1701 – Physical, Health and life

skills education, applicable for all UG Programs 2017 admission offered by the college shall follow the same syllabus of Mahatma Gandhi University subject to the approval of the academic council of the college.

(b) The following modifications are suggested in the syllabus of M.G University for course No. UPE 1801 –Physical, Health and life skills education, applicable for all UG programs 2018 admission offered by the college.

(i) In Module- III added- Body Types [endomorph, ectomorph, mesomorph]

(ii) In Module V excluded relaxation and included asanas and its benefits.

(iii) In Module V excluded physical activity and sports emotional adjustment and wellbeing and included basic knowledge about different games and national sports awards.

It is resolved that the syllabus of UPE 1801 –Physical, Health and life skills education be approved along with the modifications specified in vide item 2(b) above subject to the approval of the academic council of the college. Resolved further that the chairman, Board of Studies be and is hereby authorized to take all such steps and actions as may be required to give effect to this resolution.

3. The meeting concluded with vote of thanks.



Boby K. Mani

(Chairman)